

Subject: ***Policy Proposal: Ending the Iran Conflict Through Constitutional Change***

March 7, 2026

Mr. President,

This can end without another war.

This message contains a peaceful strategy to resolve the Iran conflict by shifting the battlefield from military confrontation to constitutional reform inside Iran.

There has always been a fundamental difference between the long-term strategic thinking of British policy makers and the shorter political cycles that often shape American policy.

For centuries, British strategy relied on embedding influence within foreign societies for generations. Individuals were sent to live inside other countries, integrate into local institutions, and quietly shape political and religious developments over time. In Iran, centuries ago—when Persian was even the official language of India—religious networks developed that later influenced branches of Shiite leadership across Iran, Iraq, and Lebanon.

American administrations, by contrast, often rely on highly educated experts who, after each election cycle, analyze information from allies and institutions and then develop policies focused on immediate challenges.

Unfortunately, this difference in approach has sometimes drawn the United States into costly confrontations that do not necessarily serve America's long-term interests.

For this reason, I prepared a short booklet titled "Iran & The West." In only five thousand words, it explains how America has repeatedly been drawn into unnecessary conflicts in the region. More importantly, it presents a simple solution that requires no military intervention.

The proposal contains only two fundamental steps:

- 1- Carefully read the Constitution of the Islamic Republic of Iran, which openly institutionalizes hostility toward the United States.
- 2- Apply targeted smart sanctions designed specifically to compel the formation of a constitutional assembly inside Iran to reform that constitution.

If Iran's constitution is changed, Iran would naturally emerge as a stable partner of the United States, rather than a permanent adversary in the Middle East.

Mr. President,

As tensions rise and the world fears a wider war, a ceasefire moment will eventually arrive. When that moment comes, it will create a historic opportunity for leadership.

You have already shown the willingness to challenge the failed assumptions of the Washington establishment. You may be the only leader today who can turn a military confrontation into a constitutional solution.

Instead of prolonging war, the strategic front can be redirected toward the Iranian constitution itself, where the real source of the conflict lies.

Recent reports discussing the possibility of arming Kurdish separatist groups are deeply alarming and risk opening a dangerous ethnic conflict throughout the region.

The Kurdish people are an ancient and respected part of the Iranian cultural world, with deep historical ties to the broader civilization that once emerged under leaders such as Cyrus the Great. For thousands of years, Kurds, Persians, Azeris, and other peoples of the region have shared intertwined history, culture, and geography.

Fragmenting Iran would produce long-term instability across the Middle East. The real solution is not the division of Iran, but the peaceful transformation of its political system through constitutional change.

The current Ayatollah regime has already lost legitimacy among the Iranian people. What is needed now is a strategy that allows the Iranian nation to reclaim its future without another devastating war.

Mr. President, if this conflict is redirected from the battlefield to the constitution, it could become one of the most important strategic victories in modern American history—achieved without another war.

You can end a war and start a constitutional revolution.

Respectfully,

Sohrab ChamanAra

Author, *Iran & The West*

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